

## Our pathway

### 1. Telephone Triage

Initial assessment by the clinical nurse specialist to evaluate your needs.

### 2. Multi-Disciplinary Team Clinic

Appointments with a pain consultant, physiotherapists, occupational therapists and the health psychologist.

### 3. Residential Rehabilitation Programme

A 2-week residential programme including specialist physiotherapy, occupational therapy, psychology, education and activities such as yoga, mindfulness and hydrotherapy. Virtual options are also available.

### 4. Follow ups

- 3-month follow-up with the clinical nurse specialist and a therapy team member.
- 6-month and 12-month follow-ups with the clinical nurse specialist.
- Ad-hoc follow-up with the clinical nurse specialist or therapists at any point in the pathway.

## Get in touch with us

### Phone Number

01225821126

### Email

[ruh-tr.RNHRDCCLERSinfo@nhs.net](mailto:ruh-tr.RNHRDCCLERSinfo@nhs.net)

### Address

The Pain-related CCLERS Team  
Bath National Pain Centre  
F19, Brownsword Therapies Centre,  
Royal United Hospital Bath NHS Trust,  
Combe Park  
Bath BA1 3NG

### Website

<https://crpsandcancerlateeffects-bath.org.uk/>

## The RUH, where you matter

Royal United Hospitals Bath  
NHS Foundation Trust  
Combe Park, Bath, BA1 3NG

01225 428331 | [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

Date of publication: January 2025  
Ref: RUH ABC/567

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# Pain-related Complex Cancer Late Effects Rehabilitation Service

**CCLERS**

Patient Service Guide

In partnership with

**MACMILLAN  
CANCER SUPPORT**

## What is CCLERS?

**We are a National service providing specialised rehabilitation for adults experiencing persistent pain and reduced physical function following chemotherapy, radiotherapy, or surgery treatment for cancer.**

Funded by NHS England

**Pain-related cancer late effects** refer to **persistent pain** caused by nerve or tissue damage from cancer or its treatment, often leading to physical, emotional and psychological challenges that significantly **impact quality of life**.

CCLERS offers **rehabilitative services** for patients suffering from pain-related cancer late effects of any cancer type, both solid and blood cancers.

**The RUH, where you matter**

## Who are we?

Our **internationally recognised**, multi-disciplinary team includes:

- Physiotherapists
- Occupational therapists
- Health psychologist
- Pain consultant
- Clinical nurse specialist

## What is our goal?

We aim to **manage complex persistent pain** conditions by focusing on:

- Improving **physical function and mobility**
- Enhancing **mental wellbeing**
- **Developing strategies** to better manage symptoms
- Supporting patients to **engage in meaningful activities** and improve quality of life.

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*Your journey, your care – supporting you with a holistic approach every step of the way.*

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## Eligibility criteria

To access CCLERS patients must meet the following criteria:

- Active cancer treatment ended at least 12months ago.
- Severe and persistent pain.
- Reduced physical function or mobility.
- Local late effects services consider patient complex.

## Think you have pain-related cancer late effects and meet the criteria?

Ask your GP or any health professional to refer you to CCLERS and take the first step on our pathway!

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